

WE ARE HERE FOR YOU

IF YOU ARE SELF ISOLATING, WE CAN HELP

MY NAME IS

I LIVE NEAR YOU

MY PHONE NUMBER IS

If you are following the government guidance and self-isolating we want to support you at this time.

I WOULD LOVE TO HELP YOU WITH:

- Picking up shopping
- Posting Mail
- A friendly phone call
- Urgent Supplies

JUST CALL OR TEXT AND I'LL DO MY BEST TO HELP YOU. FOR FREE

Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash your hands regularly. Items are left on your doorstep.

Alive

WWW.ALIVECHURCH.ORG.UK